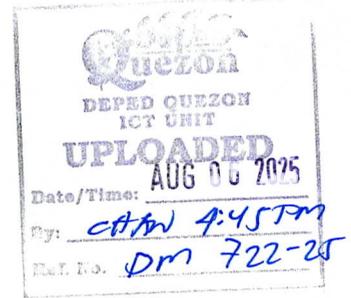




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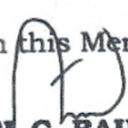
31 July 2025

**DIVISION MEMORANDUM**  
 DM No. 722, s. 2025

**STRENGTHENING THE IMPLEMENTATION OF THE ADOLESCENT REPRODUCTIVE HEALTH (ARH) PROGRAM**

To: Assistant Schools Division Superintendents  
 Division Chiefs  
 Elementary and Secondary Nurses  
 Registered Guidance Counselors/Guidance Designates/Advocates  
 Elementary and Secondary Nurses  
 All Others Concerned

1. In reference to Republic Act 10354 also known as the Responsible Parenthood and Reproductive Health (RPRH) Law of 2012; Joint Memorandum No. 003, series of 2021, titled "Comprehensive Sexuality Education-Adolescent Reproductive Health (CSE-ARH) Convergence" and DepEd Memorandum No. 50, s. 2025, titled "Learners' Health Assessment and Screening for SY 2025-2026," this Office through the School Governance and Operations Division- School Health Section announces the recommended activities for the ARH program. (See attached Enclosure 1)
2. These activities aim to strengthen the implementation of the ARH Program in support of the aforementioned policies and initiatives.
3. Further, please see the attached Enclosure 2 for the duties, roles, and responsibilities of designated ARH coordinator, RGC/Guidance Designate/Advocate and School nurse in relation to the implementation of this program.
4. For questions and concerns, please coordinate with ARH Focal Person **Nurse Princess Leni May M. Rejano** at [princesslenimay.rejano@deped.gov.ph](mailto:princesslenimay.rejano@deped.gov.ph) or contact at 09095085476.
5. Immediate dissemination and strict compliance with this Memorandum is desired.

  
**ROMMEL C. BAUTISTA, CESO V**  
 Schools Division Superintendent

shsplmr07/31/2025  
 DEPEDQUEZON-TM-SDS-04-009-003



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[Enclosure 1 to DM No. 722 s. 2025]

**RECOMMENDED ACTIVITIES TO BE IMPLEMENTED IN SCHOOLS TO FURTHER  
STRENGTHEN THE ADOLESCENT REPRODUCTIVE HEALTH PROGRAM**

- a. Designate an Adolescent Reproductive Health Coordinator, in accordance with Memorandum No. 00-0821-0185 titled "*Designation of Adolescent Reproductive Health Focal Persons,*" along with a Guidance Designate/Advocate/Registered Guidance Counselor, as members of the school technical working group (TWG) for ARH program implementation.
  - a.1. To facilitate the submission of the list of ARH Coordinators and Registered Guidance Counselors/Guidance Designates/Advocates, kindly accomplish the form provided via <https://tinyurl.com/MasterlistARHGDRGC> on or before **August 8, 2025**.
- b. Conduct symposia, orientations, and other health education and awareness campaigns on topics including, but not limited to: adolescent reproductive health; Comprehensive Sexuality Education–Adolescent Reproductive Health (CSE–ARH) Convergence; teenage pregnancy; Sexually Transmitted Infections (STIs); Human Immunodeficiency Virus (HIV) and Acquired Immunodeficiency Syndrome (AIDS); menstrual health; mental health advocacies; and the prevention of early sexual acts and risky behaviors among adolescents.
- c. Facilitate capacity-building activities for the ARH TWG, led by school nurses and other trained school personnel and health professionals, in coordination with local and national partner agencies.
- d. Allocate a dedicated space or room for the establishment of a Teen Health Kiosk/Hub or Learner Support Center (LSC) in secondary schools, and a CSE–ARH corner in elementary schools.
- e. Form a Peer Health Navigators Group composed of adolescent learners in secondary schools, and promote the use of Social Behavior Change (SBC) materials such as *malayoako.ph*, *KonektadoTayo*, and other relevant ARH resources on digital platforms.

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- f. Establish a functional referral system or network, supported by an updated local directory that includes clinics, rural health units, hospitals, and other relevant support offices or agencies.
- g. Conduct Rapid HEEADSSS and subsequent assessments (e.g Comprehensive, CARS, CSS-R) as part of the annual psychosocial screening for learners from Grades 4 to 12 from August to December 2025, in accordance with DepEd Memorandum No. 50, s. 2025, titled Learners' Health Assessment and Screening for SY 2025–2026.
- g.1. Rapid and Comprehensive HEEADSSS and other universal mental health screening forms including consent for learners may be accessed to **<https://bit.ly/DepEdLHASSY2526Forms>**.
- h. Maintain records on cases of teenage pregnancy and related health cases and services including HEEADSSS Assessment.
- h.1. Submit data on these cases through the designated link **<https://tinyurl.com/SummaryReportARH>** during the 1st week of the succeeding quarter of the fiscal year.

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[Enclosure 2 to DM No. 72 s. 2025]

**DUTIES AND RESPONSIBILITIES OF DESIGNATED ADOLESCENT REPRODUCTIVE HEALTH FOCAL PERSON**

1. Attend and roll out capacity-building activities related to the ARH program;
2. Establish private and public partnerships to implement activities for the ARH program;
3. Ensure participation and consultation of learners in policy making and program management in every governance level;
4. Develop and maintain local systems for program management and delivery of services related to ARH;
5. Spearhead advocacy campaigns, in coordination with learners, other DepEd offices, external partners, and CSE implementers;
6. Deliver basic health services upon training (e.g. psychosocial assessment, health counseling, psychological first aid, referral);
7. Conduct monitoring, evaluation, and learning activities including program implementation reviews for ARH and related acts and policies;
8. Submit consolidated and validated reports, including data and analysis regarding adolescent health, teenage pregnancy cases, and other relevant documentation of ARH practices, as necessary; and
9. Participate in the national and local policy development and review through appropriate mechanisms to be placed.

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**SPECIFIC ROLES AND RESPONSIBILITIES OF THE REGISTERED GUIDANCE COUNSELOR, GUIDANCE DESIGNATES, AND/OR GUIDANCE ADVOCATES IN IMPLEMENTING THE ADOLESCENT REPRODUCTIVE HEALTH (ARH) PROGRAM**

1. Assist and collaborate with the designated ARH Focal Person in the conduct and implementation of ARH program activities.
2. Ensure the accurate and complete gathering and recording of client data for the individual inventory.
3. Administer, or assist the homeroom/class adviser in administering and collecting the Rapid HEEADSS Assessment forms accomplished by learners.
4. Conduct the Comprehensive HEEADSSS assessment in collaboration with the designated and trained ARH Focal Person, School Health Personnel, and other professionals trained in universal mental health and psychosocial assessment and screening.
5. Identify learners in need of immediate attention or at risk, provide urgent and appropriate interventions, and refer them to the appropriate school-based and local authorities or agencies.

**ROLES AND RESPONSIBILITIES OF SCHOOL NURSES IN THE IMPLEMENTATION OF ARH PROGRAM**

1. Facilitate capacity-building activities in collaboration with national and local partner agencies to train and capacitate School ARH Coordinators and RGC/Guidance Designates/Advocates as TWG Members, and to disseminate relevant information pertaining to the implementation of the program.
2. Coordinate with Public School District Supervisors, School Heads, and ARH TWG Members in conducting various advocacy activities, as well as in monitoring and evaluating the ARH Program.
3. Remind and follow up with the ARH Coordinator regarding the submission of school reports on teenage pregnancy cases and other related health care services.
4. Conduct and facilitate the provision of basic medical and first aid services, as well as Comprehensive HEEADSSS assessments, in coordination with ARH TWG Members.

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